

ENGLISH

General description (Fig. 1)

A

Travel cap

B

Replaceable brush head

C

Removable nut

D

Power on/off button

E

Battery compartment cap

F

2 AA alkaline batteries (included)

IMPORTANT SAFEGUARDS

READ ALL INSTRUCTIONS BEFORE USE

Sonicare® has been carefully engineered for both effectiveness and safety. However, basic safety precautions should always be followed when using any electrical product, especially when children are present.

- WARNINGS
- 1

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- 2

Children should be supervised to ensure that they do not play with the appliance.
- 3

Consult your dental professional before using this product if you have had oral or gum surgery in the previous 2 months.
- 4

Contact your dental professional if excessive bleeding occurs after using this product or bleeding continues to occur after 1 week of use.
- 5

If you have a pacemaker or other implanted device contact your physician or the device manufacturer prior to use. Sonicare has been tested and is compliant with safety standards for electromagnetic devices.
- 6

Only use AA-size alkaline batteries in this product.
- 7

Avoid using a brush head with crushed or bent bristles. Damaged bristles may break off while brushing. In order to prevent this, replace the brush head every 3 months or sooner if signs of wear appear.
- 8

If your favorite toothpaste contains peroxide, baking soda, or other bicarbonate (common in whitening toothpastes), it is important that you thoroughly clean your brush head with soap and water after each use.
- 9

This product is designed for cleaning teeth, gums, and tongue only. Do not use it for any other purpose and do not use attachments not recommended by the manufacturer.
- 10

This product is a personal care device and is not intended for use on multiple patients in a dental office or institution.
- 11

Discontinue use if this product appears damaged in any way (brush head or handle). This product contains no serviceable parts (other than the removable batteries). If repair is needed, please refer to chapter 'Customer service information' in this manual and contact one of our representatives.

SAVE THESE INSTRUCTIONS

Customer service information

If you have any questions after reading this manual, feel free to contact our Customer Service Center or visit our website.

Customer Service Center

1-800-682-7664 (North America), outside North America contact your local Philips Customer Care Center.

Internet information

www.sonicare.com (North America)
www.philips.com (outside North America)

Preparing for use

Installing/replacing batteries

Make sure your hands and the appliance are dry when inserting the batteries.

Sonicare e3000 operates on two (2) AA-size 1.5-volt alkaline batteries.

1

Remove the battery compartment cap from the bottom of the handle by pulling on the grips (Fig. 2).

2

Make sure the + and - poles of the batteries match the appropriate location inside the handle (Fig. 3).

3

Insert the batteries into the handle. (Fig. 4)

4

Firmly push the battery compartment cap back onto the handle until it locks (Fig. 5).

To avoid damage due to battery leakage:

Note: Do not expose the appliance to direct sunlight.

Note: Do not expose the appliance to extremely high temperatures.

Note: Do not leave empty batteries in the appliance.

Note: Remove the batteries if the appliance is not

going to be used for a month or longer.

If this product is to be used in clinical trials, use new alkaline batteries.

Batteries need to be replaced at least every 6 weeks during a clinical trial.

Attaching the brush head

1

Align the front of the brush head with the front of the toothbrush handle. (Fig. 6)

2

Screw the brush head nut clockwise until it's firmly tightened. If the brush head rattles during use, tighten the nut further (Fig. 7).

Using the appliance

Useful tips

Place the brush head in your mouth before turning on your Sonicare, and be sure it is turned off before removing it from your mouth, otherwise toothpaste may splatter.

You may experience a slight tickling or tingling sensation when using an electronic toothbrush such as Sonicare for the first time. As you become accustomed to brushing with Sonicare, this sensitivity will diminish.

Brushing technique

- Follow these simple steps to maximize your brushing experience:
- 1

Before turning on, place the bristles of the brush head on your gumline at a 45-degree angle (Fig. 8).
- 2

Hold the handle with a light grip, turn on, and gently move the bristles in a small circular motion so the longer bristles reach between your teeth. After a few seconds glide the bristles to the next section. Continue this routine throughout your 2-minute brushing cycle.
- 3

To maximize effectiveness, apply only light pressure and let the toothbrush do the brushing for you. Do not scrub.
- 4

To make sure you brush evenly throughout the mouth, divide your mouth into 4 sections: outside top, inside top, outside bottom and inside bottom teeth. Begin brushing in section 1 (outside top teeth) and brush for 30 seconds before moving to section 2 (inside top teeth). Continue brushing each of the other two sections for 30 seconds each until you've brushed for 2 minutes (Fig. 9).
- 5

After having completed the 2-minute brushing cycle, additional time can be spent brushing the chewing surfaces of your teeth (Fig. 10).
- 6

Press the power button to turn the toothbrush on and off as needed.

You may also brush your tongue, with the toothbrush turned on or off, as you prefer.

Tips for specific oral care needs

Stain removal

In areas where staining occurs, spend extra brushing time to assist with stain removal.

Braces (Fig. 8)

The brush should be placed at a 45-degree angle between your brackets and gumline. While applying light pressure, gently move the bristles in a small circular motion so that the long bristles reach between your teeth for 2 seconds. Then gently turn (roll) the brush handle so the bristles clean the bracket and the rest of the tooth before you move the bristles to the next tooth. Continue this until you have brushed all of your teeth. Please note that brush heads will wear out sooner when used on braces.

Dental restorations (dental work)

Use Sonicare on dental restorations (such as implants, caps, crowns, bridges and fillings) as you would on your normal tooth surfaces. Work the bristles around all areas of the restoration for thorough cleaning.

Features

Smartimer® 2-minute timer

All Sonicare models come with the Smartimer feature, which automatically sets the brushing time to the 2 minutes recommended by dental professionals.

After 2 minutes, the Smartimer will automatically turn your Sonicare off.

If you wish to pause or stop brushing during your 2-minute cycle, press the power button. Press the power button again and the Smartimer will pick up where you left off.

Note: The Smartimer will automatically reset to the beginning of a 2-minute cycle if brushing is paused for 30 seconds or longer.

Cleaning

By following these simple steps, you should get years of worry-free brushing:

1

Rinse the brush head and bristles after each use. Let the brush head air-dry only.

2

Clean the brush head at least once a week, including under the nut.

3

Remove the nut by gently pressing on the rubber seal (Fig. 11).

Avoid using sharp objects to press on the seal as this may cause damage.

4

To reattach the nut, slip the nut over the brush head shaft and pull it down until it clicks back on (Fig. 11).

5

Clean the handle periodically with mild soap and a moist cloth.

NOTE: Brush heads and the appliance should never be placed in the dishwasher.

Storage

If the toothbrush is not going to be used for an extended period of time (a month or longer), the batteries should be removed, the appliance should be cleaned and stored in a cool and dry area.

Replacement

Brush head

Sonicare brush heads should be replaced every 3 months to achieve optimal results. Use only Sonicare e-series replacement brush heads with the e3000 model.

Environment

This symbol represents Philips' recommendation to recycle your used AA alkaline batteries (Fig. 12).

Warranties

Warranty restrictions

What is not covered under warranty:

Brush heads

Damage caused by misuse, abuse, neglect or alterations

Normal wear and tear, including chips, scratches, abrasions, discoloration or fading

Replacement batteries

IMPLIED WARRANTIES

PHILIPS DAP GUARANTEES ITS PRODUCT FOR A PERIOD OF TWO YEARS AFTER THE DATE OF PURCHASE. IF ANY DEFECT DUE TO FAULTY MATERIALS AND WORKMANSHIP OCCURS WITHIN THIS TWO-YEAR WARRANTY PERIOD, PHILIPS DAP WILL REPAIR OR REPLACE THE PRODUCT AT ITS EXPENSE. PHILIPS DAP WILL ONLY PAY FOR REPAIR OR REPLACEMENT IF CONVINCING PROOF IS PROVIDED, FOR INSTANCE BY MEANS OF A RECEIPT, THAT THE DAY ON WHICH SERVICE IS CLAIMED IS WITHIN THE WARRANTY PERIOD.

THE WARRANTY DOES NOT COVER PRODUCT AND/OR PRODUCT PARTS THAT ARE SUBJECT TO WEAR AND THAT CAN BE CONSIDERED AS CONSUMABLE PARTS BY THEIR NATURE OR THAT ARE MADE OF GLASS.

THE WARRANTY IS NOT VALID IF A DEFECT IS DUE TO DAMAGE CAUSED BY INCORRECT USE, POOR MAINTENANCE (E.G. PART BLOCKED BY SCALE) OR IF ALTERATIONS OR REPAIRS HAVE BEEN CARRIED OUT BY PERSONS NOT AUTHORIZED BY PHILIPS DAP.

LIMITATION OF REMEDIES

IN NO EVENT SHALL PHILIPS ORAL HEALTHCARE, INC. OR ANY OF ITS AFFILIATED OR SUBSIDIARY COMPANIES BE LIABLE FOR ANY SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES BASED UPON BREACH OF WARRANTY, BREACH OF CONTRACT, NEGLIGENCE, TORT, OR ANY OTHER LEGAL THEORY. SUCH DAMAGES INCLUDE, WITHOUT LIMITATION, LOSS OF SAVINGS OR REVENUE; LOSS OF PROFIT; LOSS OF USE; THE CLAIMS OF THIRD PARTIES INCLUDING, WITHOUT LIMITATION, DENTISTS AND DENTAL HYGIENISTS; AND COST OF ANY SUBSTITUTE EQUIPMENT OR SERVICES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

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Printed in U.S.A.

Printed on 100% recycled paper

Protected by U.S. and international patents. Other patents pending

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sonicare

the sonic toothbrush

e3000

Battery Operated

Alimentation par pile

PHILIPS

